

COUNTY OF LOS ANGELES DEPARTMENT OF MENTAL HEALTH

QUALITY IMPROVEMENT DIVISION

CULTURAL COMPETENCY COMMITTEE MEETING MINUTES

Date: 11/13/13

Present: Andy Vigil, Drew Child Development; Anna Yaralyan, PSB-QID; Elena Halpert-Schilt, LA County Human Relations Commission; Harold Turner, NAMI Urban LA; Helena Ditko, ASOC; James Randall, CCC Co-Chair; Kevin Tsang, DMH OASOC; Leticia Ximenez, DMH Community & Government Relations Division; Lupe Ayala, SA 7; Marc Borkheim, PSB-QID; Mirtala Parada Ward PSB-QID; Rosina Guzman-Ehrlich, NAMI Westside LA; Roxana Linares, PSB-QID; Scott Hanada, ASOC; Sharon Lyle, AAA UREP Co-Chair; Sylvia Guerrero, PSB-QID; Trudy Washington, PSB-QID; Yue Hua Xu (Vicki), DMH SA 3.

Participants via Webex: Yvonne Lozano, Starview.

Agenda Items	Comments/Discussion/Recommendations/Conclusions	Action Item	Person(s) Responsible
Welcome & Introductions	Attendee introductions		Co-Chairs
Review of Minutes	11/13/13 minutes reviewed and approved.		Co-Chairs
Training Proposal: Mental Health and Spirituality	<ul style="list-style-type: none"> The spirituality training proposal (copy was provided at the meeting) The goal is to develop educational resources and implement training to enhance the spirituality competencies of mental health staff in response to consumers' request that their spiritual interest be addressed in their mental health service. Deliverables: <ul style="list-style-type: none"> Spiritual Self-Care Facilitator Training Mental Health & Spirituality – Introductory 	<ul style="list-style-type: none"> Proposal has been created but in the process of being posted. * Proposal to be used in the wellness reference. Insure Culturally Competent services are being provided. 	Dr. Leticia Ximenez, Psy. D. DMH-CGRD Office of the Director (CCC Co-Chair)

<p>2014 Workgroup Ideas</p>	<ul style="list-style-type: none"> Course <ul style="list-style-type: none"> - Mental Health & Spirituality – Advanced Course - E-Learning Course on 4.15 Parameters for Spiritual Support - Mental Health & Spirituality – Advanced Course for Paraprofessionals - Guide to Utilizing Scripted Vignettes - Summary Report for the Mental Health and Spirituality Pilot Project • The CCC had the opportunity to provide input on a couple of the proposed items and may want to do so by creating a new workgroup or adding as an objective to an already existing workgroup. • Committee may want to think about having a workshop at the MH - Spirituality Conference in the future. • Dr. Ximénez stated 2014 will be a very exciting year full of possibilities and opportunities for the CCC to immerse itself and assist the Department in ensuring cultural competency is embedded in every fiber of its operations to decrease mental health stigma and reduce disparities. The CCC will have the opportunity to support, contribute, and assist efforts such as: <ul style="list-style-type: none"> - The Department's Health Care Reform Transformation - The Department's 3-Year MHSA Plan - The Department's Spirituality Initiative - Dr. Southard's vision by bringing together Department's units, programs, and projects, as well as contracted providers, clients, and other county departments to foster a culturally sensitive and competent environment that will ensure the delivery of quality culturally appropriate, culturally sensitive, and culturally competent mental health services. • Dr. Ximénez suggested that the 2014 workgroups be in line with the above efforts. 	<p>* Any workgroup ideas can be emailed to Dr. Leticia Ximenez. Members can also write them down and bring them to the next CCC meeting.</p>	
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<p>CCC Co-Chair Nominations</p>	<ul style="list-style-type: none"> • Dr. Ximenez also shared her vision: That the 2014 CCC Workgroups work more collaboratively next year, rather than in silos, to assist the CCC in becoming a more cohesive group by the end of 2014. • CCC Call for 2014 Co-Chair Nominations handouts were given out, which shows a brief list of roles and responsibilities of Co-Chair. • CCC Co-Chair elections will take place at the next meeting on December 11, 2013. • There are currently two nominees: <ul style="list-style-type: none"> ○ Sharon Lyle ○ Leticia Ximenez (for re-election) • Co-Chair must serve for one year, from January 2014 until December 2014. • Attend and participate in CCC Leadership Meetings with Mr. Dennis Murata, PSB Deputy Director, which take place a week after CCC monthly meetings. • Represent the CCC at diverse LACDMH meetings. <ul style="list-style-type: none"> ○ Working on getting a slot in the SLT meetings. • If nominees agree to serve as the Co-Chair, they will be put on the ballot next month. 		
<p>CCC 2013 Annual Retreat</p>	<ul style="list-style-type: none"> • December 11th, 2013 from 1:30pm to 3:30pm at 695 S. Vermont 15th floor; glass conference room. • Each of the workgroups will present their mission, goals and objectives and accomplishments for 2013. <ul style="list-style-type: none"> ○ A written report will be submitted to Dr. Sandra Chang Ptasinski. ○ Plans for 2014 will discussed. 		
<p>2014 Workgroup Brainstorm</p>	<ul style="list-style-type: none"> • Health Care Reform <ul style="list-style-type: none"> ○ LACDMH is getting ready for the new Health Care Reform coming in January 2014. ○ Amy Luftig Viste gave a presentation and included information of different topics at the 		

<p>Presentation (2:30 p.m.) Cultural Competency Data now available – Preparation for 2014 Workgroup</p>	<p>CCC meeting on October 9, 2013.</p> <ul style="list-style-type: none"> • The 3-Year LACDMH Plan <ul style="list-style-type: none"> ◦ DMH is working on the MHSA 3 Year Plan. ◦ Mr. Dennis Murata, PSB Deputy Director, recommends that the Committee looks at everything that is happening and decide what workgroups need to be created. ◦ At System Leadership Team meeting in October 2013, they talked about the different gaps in the services being provided. Cultural Competency Services is one of them and this will be a focus in the 3-Year MHSA Plan. • Quality Improvement of Services. <ul style="list-style-type: none"> ◦ In order to have QI, LACDMH staff needs to know how to address Quality Assurance; if QA is not known, then QI cannot be fulfilled. • Dr. Southard's vision and recommendations. <ul style="list-style-type: none"> ◦ Dr. Southard, LACDMH Director, recommended to the CCC at the September 11th, 2013 meeting, that a data workgroup be created to focus on cultural competency. ◦ Dr. Vandana Joshi will present to the CCC data available. Her presentation will help the CCC move toward the creation of a data workgroup in 2014. • Cultural Competency Data according to the State Plan, will focus on: <ul style="list-style-type: none"> ◦ Population ◦ How many are being served. ◦ What is the underserved population? ◦ Disparities related to Access. • The disparity data focuses on ethnicity, primary language, age-group and gender. • The PSB-QID GIS Data Unit updates the Provider Directories every year. 		<p>Dr. Vandana Joshi, PSB-QID GIS Data Program Head</p>
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<p>2013 Workgroup Updates</p> <p>CRDP: Similarities and Differences</p>	<ul style="list-style-type: none"> • For the 2013 State Audit, a plan of correction was provided to provide language/culture as a category in the Provider Directories. <ul style="list-style-type: none"> ○ Culture is more than ethnicity and language and should include additional services such as providers serving LGBTQ population, addressing gender identity issues, etc. ○ Providers are being asked to include this additional information about their services in the 2013 update. • With the implementation of Affordable Care Act in January 2014, the PSB-QID GIS Data Unit will be compiling data on population living at or below 138% Federal Poverty level and estimated prevalence of SED and SMI in the 2013 QI Evaluation Report. • Population and poverty data on primary threshold language is also estimated and compared against consumers' primary languages to estimate unmet need by primary language. • Although LACDMH has 13 threshold languages based on the State criteria, not all Service Areas have residents that meet the criteria for the threshold languages. Therefore, some Service Areas have a higher need for bilingual staff than others to serve clients in their primary language. • The workgroup will be deciding on what will constitute its next speaker presentation. The three current options, which have not changed since the last CCC meeting, include: <ul style="list-style-type: none"> ○ Expanding the "Rites of Passage in Childhood and Adolescence" into a conference format. ○ Repeating the "Rites of Passage in Childhood and Adolescence" presentation with different speakers from different cultures. 	<p>* Dr. Vandana Joshi will send a link of PSB-QID documents that have relevant data on cultural competency to Dr. Leticia Ximenez for CCC distribution.</p>	<p>Dr. Marc Borkheim, PSB-QID</p>
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	<ul style="list-style-type: none"> Organizing a speaker presentation which will have speakers address personal experiences confronting stigma and discrimination due to their mental illness within their respective cultures. <p><u>CCC feedback:</u></p> <ul style="list-style-type: none"> CCC members provided feedback about possible future forums in which the CRDP Powerpoint presentation could be held (e.g. CCC & SAAC's). CCC expressed a general interest in having the Powerpoint presentation be implemented. CCC members also discussed how positive the general response was to the "Rites of Passage in Childhood and Adolescence" speaker presentation and expressed enthusiasm about the follow-up project. Efforts to reach out the Sheriff's Association have not crystallized. The workgroup has decided to: <ul style="list-style-type: none"> Switch focus to LACDMH. There is a lot of staff who have experience with Criminal Justice. Involve NAMI with the Juvenile After Care. 		
Reduction of Criminalization Via Needs Assessment			Jim Randall, SA2 Administration
Training Recommendations for Inclusion of Family and Spirituality Models	<ul style="list-style-type: none"> Had first workgroup meeting. Have scheduled their following meeting in December. Will like to continue the workgroup meeting for next calendar year and will revise. <ul style="list-style-type: none"> Their mission, goals and objectives are for this purpose. 		Dr. Ann Lee, SA8 Administration
Culture Competency e-News Column	<ul style="list-style-type: none"> Last 2 articles published: <ul style="list-style-type: none"> Article on the Hispanic Heritage Month. Article on the Armenian Festival. 		Dr. Leticia Ximenez, Psy. D. DMH-CGRD

Announcements	<ul style="list-style-type: none"> • Currently working on 3 articles: <ul style="list-style-type: none"> ○ Older Adults ○ Multicultural Practices and Working with Special Populations Conference ○ The Native American Conference • An article on the TIS Unit would be ideal for people to know more about it. • Any recommendations or ideas for an article, please contact Dr. Leticia Ximenez. • All groups need to submit their reports before next month's meeting on December 11, 2013. 	<p>- Dr. Sandra Chang Ptasinski will send out the annual report template to the Workgroup Leads.</p>	Office of the Director (CCC Co-Chair)
Next meeting	<ul style="list-style-type: none"> ▪ Wednesday, December 11, 2013, 1:30 pm to 3:30 pm at 695 S. Vermont Ave 15th floor (glass conference room), Los Angeles, CA 90005 		

Respectfully Submitted,